

## Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00.

If you wish to order a vegetable box please email <u>nmhreception2018@gmail.com</u> Orders must be received by 12:00pm on Wednesday for collection Thursday. Please note that we still have some plants available for sale.

## Vegetables

Herbs

Courgettes
Mixed Bag of Lettuce
Rainbow Chard
Spring Onions
Artichokes
Mangetout
Beetroot
Cucumbers
Broad Beans
Kale
French Beans

Sage Parsley Coriander Basil

Fruit

Blackcurrants

Please note that some items are limited

Stall open Tuesday, Wednesday & Thursday in

the Organic Garden, 12:00pm – 3.30 pm

## WHAT WE HAVE IS WHAT WE GROW

We do **not** buy in **any** produce. Our produce is entirely seasonal and is all grown on site in the Organic Garden here at North Mayo Heritage Centre